

# WOMEN Power&Change

# *Thank You to our Funders*



Citizenship and  
Immigration Canada



Human Resources and  
Social Development Canada

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EMPLOYMENT  
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ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO

 LHINS: Better Health Care  
Healthier Communities



## Finding Power in Speechcraft and Mentoring

CIBC Mellon and NEW continue to innovate around how the private sector and a grassroots non-profits can collaborate to support newcomer women in their job search. CIBC Mellon staff participate in regular mentoring, host speed networking sessions, and support a Toastmaster's Speechcraft programme – all creative ways to support women to reach their goals.



CIBC MELLON

# JAN 2013

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# FEB 2013

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## The Writer-in-Residence Programme & LINC

Learning English in our new home allows us recreate our sense of self. Every day 60 women come together to learn, laugh and study the language of their homeland. This year, 120 women worked on their English fluency daily and 40 women attended onsite through the Chang School for Continuing Education at Ryerson University.

In 2010, women attended weekly creative writing workshops to capture their journey in words. An anthology of their essays, prose and poetry has been accepted for publication and will be found in bookstores in 2013.

**“I Create because  
I am a Lover of  
Creation.”**

*- Mageshwari Caulee,  
NEW Member.*



# MAR 2013

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# APR 2013

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**Girl is Strong!!**  
**We're all independent!**

*"I am hoping to be an independent person who can solve problems and protect myself and others."*

*– Mehad, NEW member, age 15*

## Fight Like A Girl!

Addressing Gender Violence through Social Media

Girls are our community leaders with the skills and energy for creating change. In our Fight Like A Girl! leadership camp, 30 girls came together for training in violence prevention, leadership and communications to create the Use Your Voice Campaign.

In the first two weeks they had:

- 30,000 monthly hits on their blog post
- 200 Twitter followers on their first day (!)
- 30 leadership and self-defense workshops
- Published an anti-violence zine distributed in bookstores
- Created a poster and sticker campaign that went across Toronto

# MAY 2013

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# JUN 2013

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St. Jamestown Sunshine Seniors Group

## Supporting Solutions by Seniors for Seniors

Since 2010, these active community leaders have organized field trips, health workshops, and cultural events for the vibrant St. Jamestown neighborhood. Nothing is off-limits – including sword dancing and Programming is entirely senior led, and ensures that Toronto's elder wisdom and leadership continues to thrive in the heart of downtown.

# JUL 2013

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New skills from

## Food Handler Training

NEW was pleased to offer a Food Handler Certificate in 2011. 240 women passed their certification exam to assist with their job search. The accreditation is recognized by many employers in the hospitality, food service and healthcare industries.



# SEP

2013

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# OCT

2013

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Connect women to the wider community

## Newcomer Women's Network

Every Saturday morning from 10:00 a.m. to 12:00 noon, approximately 50 women meet for English conversation sessions as part of the Newcomer Women's Network.

The program includes arts and crafts sessions, field trips, healthy cooking classes and storytelling. In addition to the social and emotional benefits of this program, there are workshops that provide valuable information about education, employment, health awareness and parenting, among other things. This program gives women the opportunity to share their experiences with one another and escape the stress and pressure of settlement for a few hours each week.



# NOV

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# DEC

2013

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